

Nearly Zero-Energy Care Home Design in Cold Climate in China

Dr Shan Shan Hou

Prof Phil Jones

Welsh School of Architecture, Cardiff University, UK

Prof Yanmin Zhou

Architecture School, Tsinghua University, China



Organisers:



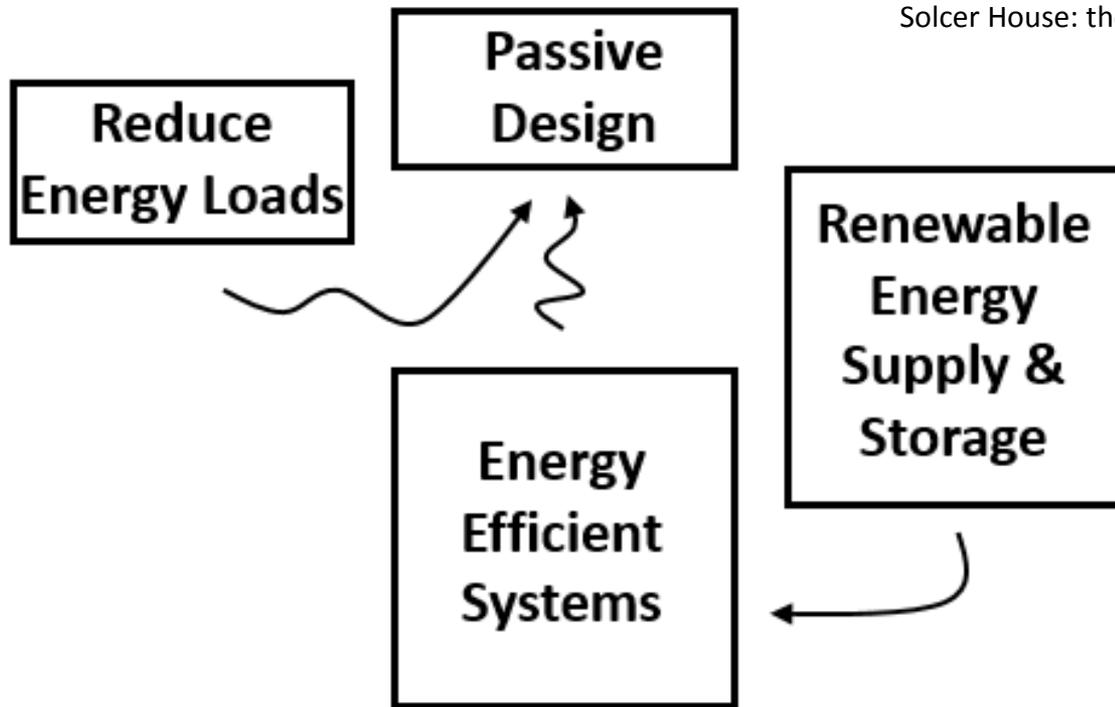
International Co-owners:



A systems approach



Solcer House: the first energy positive house in Wales



Typical care home design and current practice

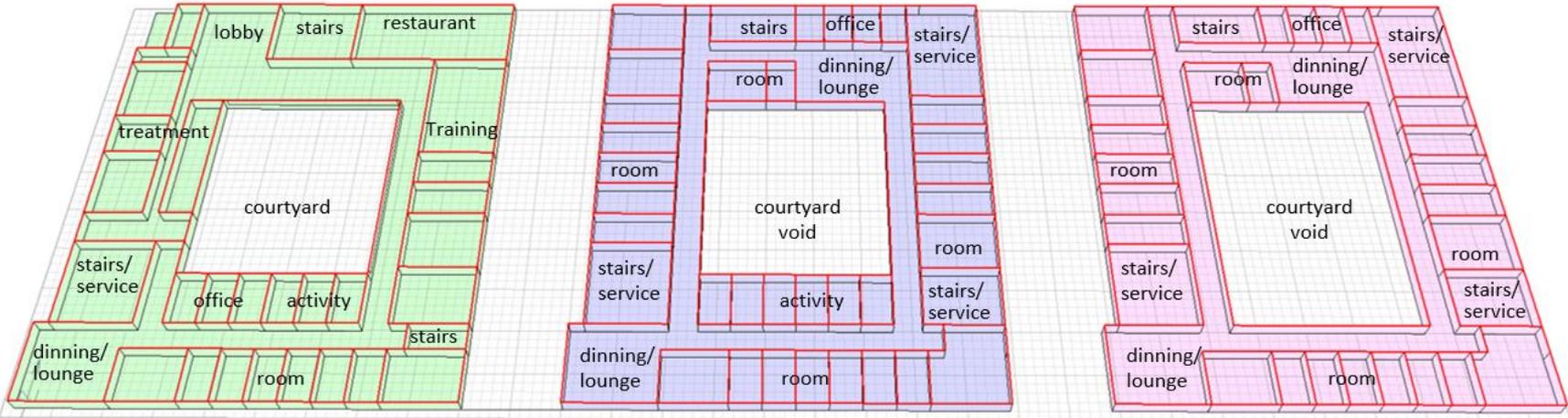


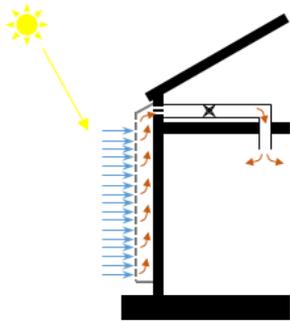
Table 4: Simulation input data for current practice

Rooms	Internal gains (W/m ²)		Ventilation	Fabric efficiency U-value (W/m ² /K)	
	Lighting	Plug load		External wall	Roof
Lobby	9.0	9.5	10L/P/s	0.50	0.45
Office	9.0	15.0	10L/P/s	0.50	0.50
Ward room	5.0	6.0	10L/P/s	2.7	2.7
Exam/ treatment	15.0	30.0	10L/P/s	Glazing	G=52%
Dinning/ lounge	6.9	3.0	10L/P/s	Systems	Boiler efficiency= 88% Cooling COP=3.2
Kitchen	15.9	50.0	30L/P/s		
Circulation area	7.0	0	10L/P/s		

- Notes:
- The building is used 7 days a week, 24 hours a day;
 - The designed room temperature used in the simulation is 21 (winter) to 26°C (summer).
 - The occupant's load is based on the design.
 - An infiltration rate at 10m³/h/m² @50pa is applied, based on the minimum requirement of British Building Regulation Part L 2A.



Near zero carbon care home design



Transpired Solar Collector



Integrated PV roof

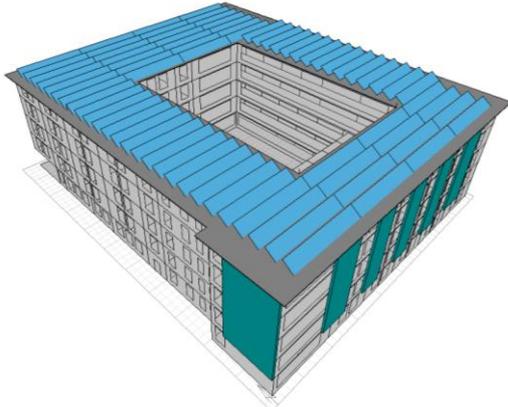


Table 5 Simulation input data for nearly zero-energy design

Rooms	Internal gains (W/m ²)		Ventilation	Fabric efficiency U-value (W/m ² /K)	
	Lighting	Plug load		External wall	Roof
Lobby	5.6	4.0*/ 1.5^	Fresh air	0.26*/ 0.15^	0.18*/ 0.15^
Office	9.0	7.0*/ 3.0^	10L/P/s	Ground floor	0.22*/ 0.15^
Ward room	2.9	4.0*/ 2.0^	10L/P/s	Glazing	1.60*/ 0.90^
Exam/ treatment	11.6	20.0*/ 10.0^	10L/P/s	G=40%*/ 15%^	
Dinning/ lounge	4.6	2.0*/ 1.0^	10L/P/s	Systems	
Kitchen	11.6	40.0*/ 30.0^	30L/P/s	<ul style="list-style-type: none"> • UTSCs (221.8 m²) • MVHR at 85% efficiency • PV (1347.5m²). at 17% efficiency 	
Circulation area	4.6	0/ 0	10L/P/s		

Notes:

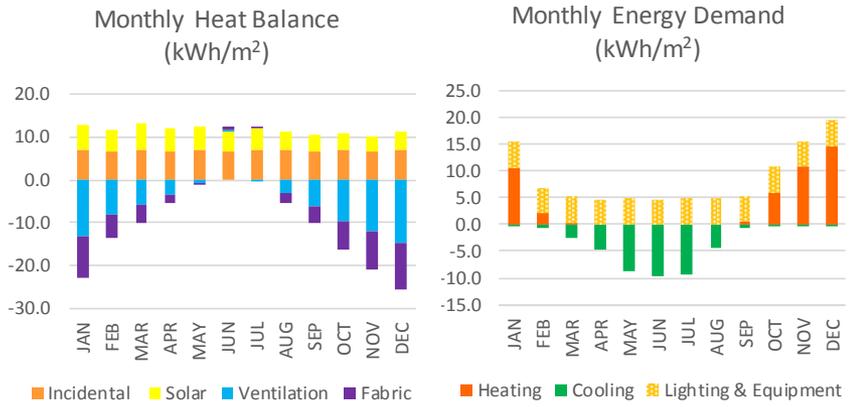
- The lighting and plug load are based on the SIA 2024.
- The occupant's load is the same as the current practice, based on the design.
- The infiltration rate is (3m³/h/m² @50pa) are based on the recipe data from the British Building Regulation Part L 2A.
- * for good practice, ^ for best practice



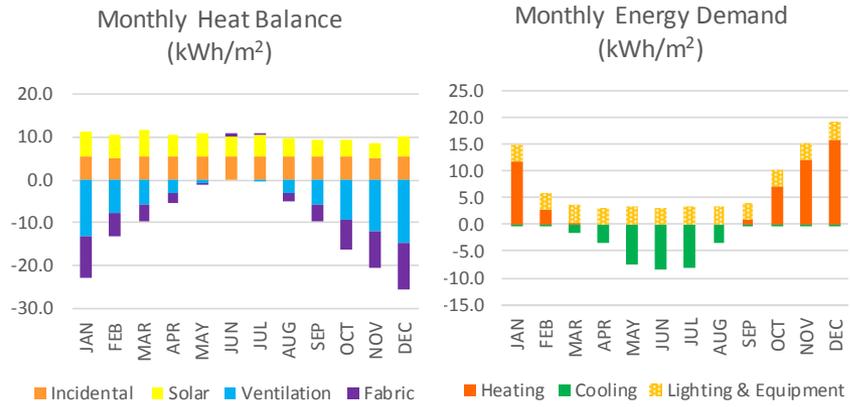
Simulation results

HTB2 (Heat Transfer in Buildings V2) has been used to conduct the building energy simulation.

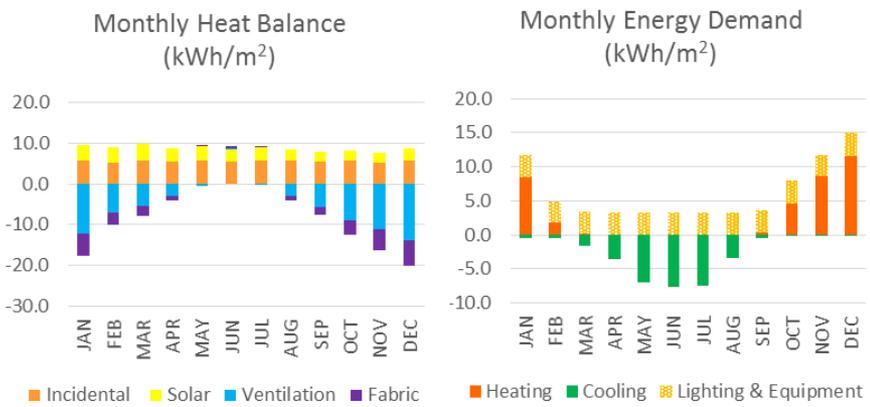
Current practice (121.8kWh/m²/year)



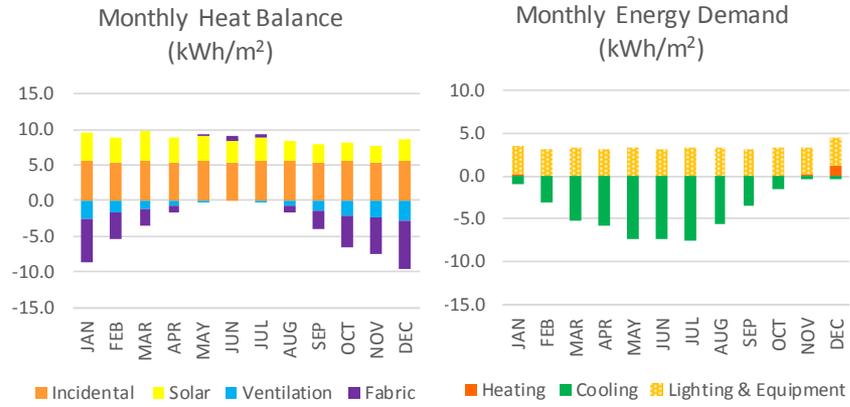
Step 1. Reduced energy loads (107.6kWh/m²/year)



Step 2. Passive design (89.8kWh/m²/year)



Step 3. Efficient HVAC systems (51.7kWh/m²/year)



Simulation results (continue)

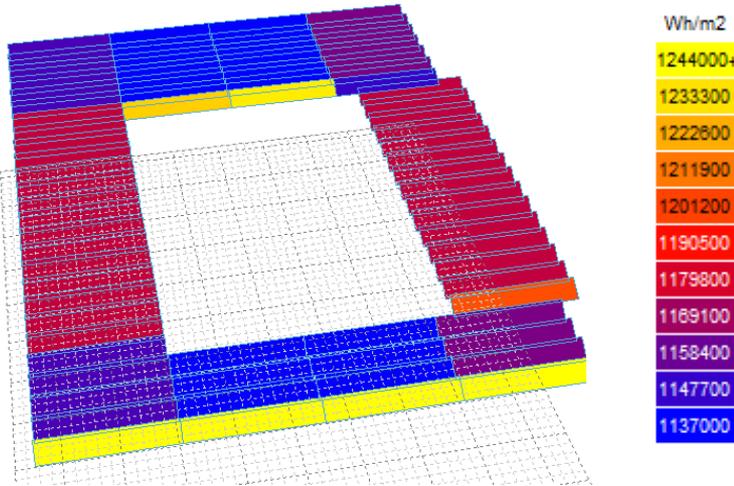
Cases	Annual energy consumption(kWh/m ²)	
Base case: current practice	Heating	51.1
	Cooling	13.0
	Lighting & equipment	57.7
	Total	121.8
Step 1: Reduced energy demand (good)	Heating	57.9
	Cooling	10.6
	Lighting & equipment	39.1
	Total	107.6
Step 1: Reduced energy demand (best)	Heating	61.2
	Cooling	9.7
	Lighting & equipment	30.7
	Total	101.6
Step 2: Passive design (good)	Heating	40.4
	Cooling	10.3
	Lighting & equipment	39.1
	Total	89.8
Step 2: Passive design (best)	Heating	42.2
	Cooling	7.0
	Lighting & equipment	30.7
	Total	79.9
Step 3: Efficient HVAC systems (good)	Heating	1.7
	Cooling	10.9
	Lighting & equipment	39.1
	Total	51.7
Step 3: Efficient HVAC systems (best)	Heating	0.6
	Cooling	7.9
	Lighting & equipment	30.7
	Total	39.2



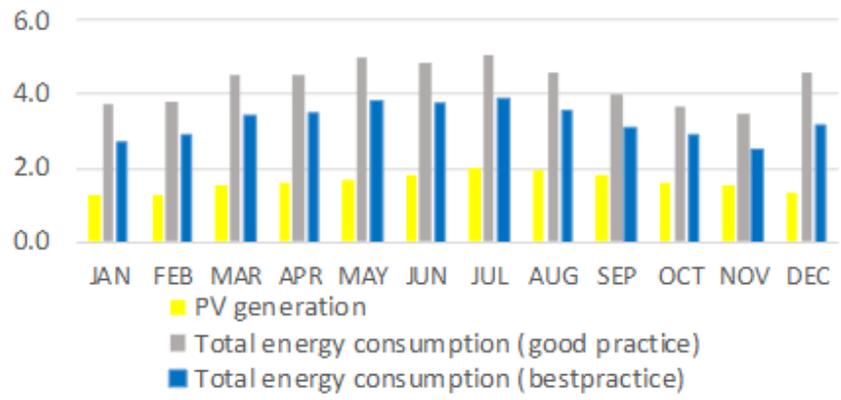
Simulation results

Sketchup+virvil plugin has been used to predict the potential of PV systems.

Step 4. Renewable energy supply (45.6kWh/m²/year)



Solar access of the roof PV panels



Monthly energy generation vs energy consumption

Good practice: 37.5%

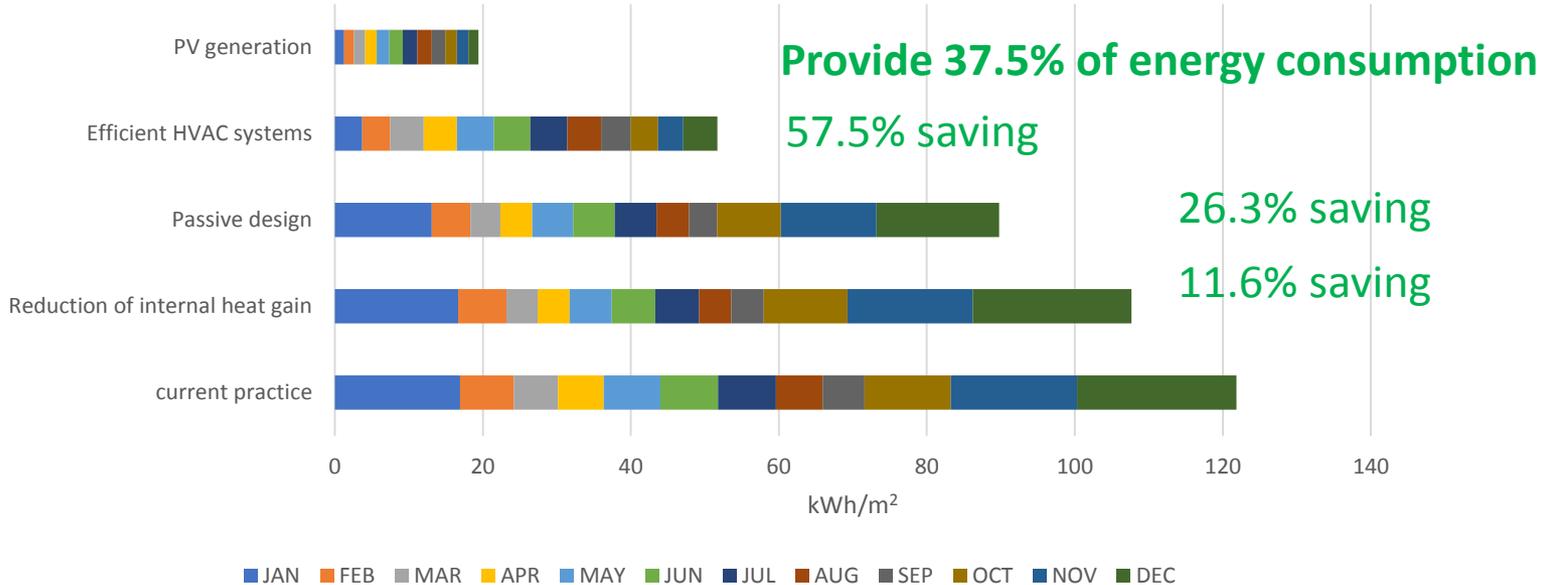
Best practice: 49.5%



International Co-owners:



Study conclusion



Total energy consumption (heating, cooling, lighting and equipment) has been reduced from 121.8kWh/m²/year to 51.7kWh/m²/year.

Besides the benefit from energy saving, other benefits of the proposed design can be recognized, including:

- Flexible room layout due to the absence of radiators.
- Reduction of the risks of exposure to hot radiator surfaces.
- Improved ventilation to provide good indoor air quality.



Thank you

Dr Shan Shan Hou

e-mail: hous1@cardiff.ac.uk

web: <http://www.cardiff.ac.uk/architecture/>



Organisers:



International Co-owners:



Sustainable Buildings
and Climate Initiative
Promoting Policies and Practices for Sustainability

